

Week	Day	Main Hot Meal Choice (Meat/Vegetarian Option)	Dessert of the Day	Sandwich Bar Selection
1	1	Meat - Tandoori Chicken Drumsticks Veg - Tandoori Quorn Fillet & Veg Spiced Rice/Mixed Vegetables	Choice of Fruit	Selection of Sandwiches: <ul style="list-style-type: none"> • Plain Cheese • Cheese & coleslaw • Cheese & cucumber • Cheese & onion • Cheese & salad • Cheese & tomato • Tuna mayonnaise • Tuna & cucumber • Tuna & onion • Tuna salad • Tuna & sweetcorn • Cajun chicken • Plain chicken • Sweet chilli chicken • Chicken mayo & sweetcorn • Chicken & salad • Chicken & coleslaw
	2	Meat - Lamb Seekh Kebab & Khobez bread Veg – Cauliflower & Broccoli Cheese Sautéed Potatoes/Peas & Sweetcorn	Choice of Fruit	
	3	Meat – Chilli Con Carne Veg – Chilli Con Quorn Steamed Rice/sautéed Cabbage & Spring Onion	Choice of Fruit	
	4	Meat - Chicken Balti Wrap Veg – Macaroni Cheese Jacket wedges/Carrots with Parsley Butter	Choice of Fruit	
	5	Meat - Breaded Cod Fillet Veg - Cheese & Tomato Pizza Chipped potatoes/Baked beans	Choice of Fruit	
				Choice of Cookie/Tray bake

Week	Day	Main Hot Meal Choice (Meat/Vegetarian Option)	Dessert of the Day	Sandwich Bar Selection
2	1	Meat – Pasta served with Beef Ragu Veg – Pasta with Veg & Tomato Sauce Mixed Vegetables	Choice of Fruit	Selection of Sandwiches: <ul style="list-style-type: none"> • Plain Cheese • Cheese & coleslaw • Cheese & cucumber • Cheese & onion • Cheese & salad • Cheese & tomato • Tuna mayonnaise • Tuna & cucumber • Tuna & onion • Tuna salad • Tuna & sweetcorn • Cajun chicken • Plain chicken • Sweet chilli chicken • Chicken mayo & sweetcorn • Chicken & salad • Chicken & coleslaw Choice of Cookie/Tray bake
	2	Meat – BBQ Chicken Drumsticks Veg - Vegetarian Spring Rolls with Sweet Chilli Sauce. Five Spiced Stir-fried Rice/Sweetcorn & Peas	Choice of Fruit	
	3	Meat – Cottage Pie Veg – Quorn Cottage Pie Broccoli & Cauliflower/Gravy	Choice of Fruit	
	4	Meat – Roasted Herb Chicken Drumsticks Veg – Vegetable Fillet with Herb Gravy Roasted New Potatoes/Sautéed Cabbage & Carrots	Choice of Fruit	
	5	Meat - Beef Burger in a Bun Veg – Cheese & Onion Pastie Chipped Potatoes/Baked beans	Choice of Fruit	

Week	Day	Main Hot Meal Choice (Meat/Vegetarian Option)	Dessert of the Day	Sandwich Bar Selection
3	1	Meat – Chicken & Pesto Pasta with Italian Herbs Veg – Mixed Bean & Basil Bolognese with Pasta Mixed Vegetables	Choice of Fruit	Selection of Sandwiches: <ul style="list-style-type: none"> • Plain Cheese • Cheese & coleslaw • Cheese & cucumber • Cheese & onion • Cheese & salad • Cheese & tomato • Tuna mayonnaise • Tuna & cucumber • Tuna & onion • Tuna salad • Tuna & sweetcorn • Cajun chicken • Plain chicken • Sweet chilli chicken • Chicken mayo & sweetcorn • Chicken & salad • Chicken & coleslaw
	2	Meat – Lamb Kofta Kebab Wrap Veg – Cheese & Tomato Pizza Sauté Potatoes/Sweetcorn	Choice of Fruit	
	3	Meat – Sausage & Veg Casserole Veg - Quorn Sausage. Mashed Potatoes/Carrots & Peas/Gravy	Choice of Fruit	
	4	Meat – Ratatouille with Fish served with Pilau Rice Veg – Lentil Daal with Pilau Rice Steamed Cabbage with Peppers & Onion	Choice of Fruit	
	5	Meat – Chicken Burger with Bun Veg – Cheese & Tomato Pizza Chipped Potatoes/Baked beans	Choice of Fruit	
				Choice of Cookie/Tray bake

